

Southern Edge Girls 14U Rules of Play

Format: (we will follow US Lacrosse rules, with a few modifications) *12 v 12 (11 field players plus a goalie)

*full field

*traditional line up at draw, draw after each goal

*mercy rule applies *transitional checking applies

Game Length:

*2 - 22 minute running clock halves

*5 minute half time

*Central horn, games will begin on each hour

*One 2 minute timeout per team per game (kept by official)

*No timeouts permitted in last 5 minutes of second half

*No Overtime - One 3 minute overtime (sudden victory); if still tied after 3 minutes, go into a Braveheart with 3 field players and 1 goalie. Goalie cannot pass midfield.

League Scoring:

League seeding will be determined by: 1) head to head record; 2) goals against; and 3) goal differential.

Rules of Play:

All rules will be from US Lacrosse for 2021 season, with any modifications we have noted.

Fouls: Games and halves may not end on a defensive penalty set up inside the CSA (major fouls only). Officials are to set up the foul and add 3 seconds to the clock. During the 3 second add on, regular game rules exist, including the potential for another defensive foul, passes, a shot or goal.

Carding: Yellow carded players must leave the field for 2 minutes without a sub. A player who receives a second yellow card will be suspended for the remainder of that game but can participate in the next game.

Alternate Possession: Team with light colored uniform will get first alternating possession for each game, at officials' discretion.