

**Southern Edge  
Girls 14U Rules of Play  
Atlanta League  
Spring 2022**

**Format:** (we will follow US Lacrosse rules, with a few modifications)

- \*12 v 12 (11 field players plus a goalie)
- \*full field
- \*traditional line up at draw, draw after each goal
- \*mercy rule applies
- \*transitional checking applies

**Game Length:**

- \*2 - 20 minute running clock halves
- \*5 minute half time
- \*Central horn, games will begin on each hour
- \*One 2 minute timeout per team per game (kept by official)
- \*No timeouts permitted in last 7 minutes of second half
- \*Overtime - One 3 minute overtime (sudden victory); if still tied after 3 minutes, go into a Braveheart with 3 field players and 1 goalie. Goalie cannot pass midfield.

**League Scoring:**

League seeding will be determined by: 1) head to head record; 2) goals against; and 3) goal differential.

**Rules of Play:**

All rules will be from US Lacrosse for 2022 season, with any modifications we have noted.

**Fouls:** Games and halves may not end on a defensive penalty set up inside the CSA (major fouls only). Officials are to set up the foul and add 3 seconds to the clock. During the 3 second add on, regular game rules exist, including the potential for another defensive foul, passes, a shot or goal.

**Carding:** Yellow carded players must leave the field for 2 minutes without a sub. A player who receives a second yellow card will be suspended for the remainder of that game but can participate in the next game.

**Alternate Possession:** Team with light colored uniform will get first alternating possession for each game, at officials' discretion.