



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YMCA of Metropolitan Chattanooga Sports Guidelines – Winter 2020

Due to the current COVID-19 landscape, the following regulations will be in place for all sports until further notice. As with any activity during these times, though we cannot guarantee zero risk, we can assure you that these regulations are intended to minimize those risks and encourage safe practices that will maximize our ability to engage in sports competition during the COVID-19 pandemic.

### **Practice Games and Locations:**

This season is not like any other previous season, therefore, some guidelines may seem inconvenient to participants. All of these actions intend to help execute the season with utmost precaution.

**It may be necessary for practices and games to be held at additional locations within a 20-mile radius of your home branch. These locations are chosen to spread out players and spectators by using more and larger facilities. We appreciate your commitment to safety.**

### **Practice and Game Safety Guidelines:**

- Games may be shortened to 35 minutes in order to facilitate the following:
  - Cleaning between games
  - Players and parents from the previous game to exit while those for the next game arrive, avoiding increased gatherings.
  - Parents and players will enter and exit through separate entrances and exits
  - Parents and players will be asked to enter through one entrance and exit through another to help promote social distancing between games.
- Temperature checks are required for all coaches, players, and staff at all YMCA sporting events before entering the gymnasium.
- No coach, player, parent, or YMCA staff member may participate in any YMCA event without first completing the appropriate COVID-19 screening.
- To keep gatherings at a minimum, the YMCA strongly recommends one parent per player. **No more than 2 adults per child will be permitted** per game. All spectators must maintain social distancing at all times. There will be limited seating available for games inside the facility. Spectators should be prepared to stand or bring your own chair if sitting is essential.
- Masks must be worn (with the exception of players) at all times while on site.
- No food or drinks permitted, including team post game snacks on site (as masks are required at all times).
- There will be no pregame or post game handshakes. (Sportsmanship is still a priority.)
- Social distancing will be encouraged for players on the bench.
- Team versus team competition may only take place at official contest (No scrimmaging).
- Players or Coaches who become ill or test positive for COVID-19 are to report to the illness to YMCA Executive staff to protect others. Confidentiality will be maintained.

Because these are unprecedented times, the YMCA may be subject to and will follow any federal, state or local guidelines related to COVID-19. The YMCA reserves the right to cancel or alter the season at any time regardless of state or local recommendations should safety require it. If this becomes necessary, the YMCA will refund any appropriate fees.