

**Southern Edge**  
**Girls 3rd and 4th Division Rules of Play**  
**Atlanta League**  
**Spring 2024**

**Format:** (we will follow USA Lacrosse rules, with a few modifications)

\*8 v 8 (7 field players plus a goalie)

\*short field - 60-70 yards approx

\*Draw will occur after each goal. Remaining players are to remain in the 8 until possession.

\*Modified checking permitted and 3 second good defense call applies

\*8 meter arc (no 12 meter)

\*Mercy rule applies after 4 goals losing team gets draw if desired

\*No official offsides is kept (coaches may honor 2 back if agreed prior to the start )

\*1 pass attempt required on the offensive side of the ball

**Game Length:**

\*2 - 20 minute running clock halves

\*5 minutes between halves

\*One 60 second timeout permitted per team per game. Officials will keep 60 seconds.

\*No timeouts permitted in last 5 minutes of second half

\* **NO OVERTIME DURING REGULAR SEASON PLAY**

**League Scoring:**

League seeding will be determined by: 1) head to head record; 2) goals against; and 3) goal differential.

**Rules of Play:**

All rules will be from USA Lacrosse for the 2024 season, with any modifications we have noted.

**Fouls:** Games and halves may not end on a defensive penalty set up inside the CSA (major fouls only). Officials are to set up the foul and add 3 seconds to the clock. During the 3 second add on, regular game rules exist, including the potential for another defensive foul, passes, a shot or goal.

**Carding:** Yellow carded players must leave the field for 2 minutes WITHOUT a sub. A player who receives a second yellow card will be suspended for the remainder of that game but can participate in the next game.

**Alternate Possession:** Team with light colored uniform will get first alternating possession for each game, at officials' discretion.

